

陳瑞祺(喇沙)書院
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CHAN SUI KI (LA SALLE) COLLEGE
4 SHEUNG WO STREET, HOMANTIN,
KOWLOON, HONG KONG.
TEL : 27118175
FAX : 27621550

24th April 2026

Circular No: 25083

Dear Parents/Guardians,

Animal-assisted Therapeutic Parent-Child Workshop

Animals naturally promote relaxation and reduce stress levels. In this event, our school has invited the Animal Companion Therapeutic Service and Education Limited to conduct this workshop through utilizing interactions with animals to help participants understand and manage their stress and anxiety. Combining emotional education with practical animal interactions, this workshop offers a unique and effective way to alleviate psychological and emotional stress, helping families learn to use positive skills and stress management strategies. All parents are welcome to register for the workshop.

Details of the Animal-assisted Therapeutic Parent-Child Workshop are as follows:

Date: 21st May 2026 (Thursday)

Time: 4:00 p.m. – 5:30 p.m. (1.5 hours)

Venue: School Hall

Target: Parents and Students

Quota: 10 pairs of parent and child

Fee: Free of charge

Note: If there are too many applicants, the participating list will be decided by a draw. Selected participants will receive further notice.

Reminders for Participants:

1. Direct interaction with animals will occur during the event. If you experience any physical or emotional discomfort during the activity, please immediately inform the staff for assistance.
2. It is recommended to wear light and comfortable clothing, and avoid wearing skirts.
3. Please minimize the use of mobile phones during the event to enhance your engagement and experience.
4. Please arrive at the venue on time.

Parents should reply to this circular via eClass by **8th May 2026 (Friday)**. If you have any inquiries, please contact Ms. HK Wong at 2711 8175. Thank you for your attention.

Yours faithfully,

Lee Po Chu, Fiona
Principal

Encl: Animal-assisted Therapeutic Parent-Child Workshop Poster

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通告編號：25083

敬啟者：

「動物輔助治療親子工作坊」

動物天生能夠促進放鬆並降低壓力水平。是次活動，我們特意邀請了香港動物輔助遊戲治療及教育服務有限公司，為本校家長及學生透過與動物的互動來幫助參加者理解和管理他們的壓力與焦慮。這個工作坊結合了情緒教育和實際的動物互動，提供一個獨特而有效的方式來減輕心理和情緒壓力，幫助家庭學習運用正向技巧和壓力管理的策略。歡迎家長踴躍報名參加！

「動物輔助治療親子工作坊」詳情如下：

日期：2026年5月21日（星期四）

時間：4:00 p.m. – 5:30 p.m.（1.5小時）

地點：學校禮堂

活動對象：家長及學生

名額：10對親子

費用：全免

註：如報名人數眾多，將會以抽籤形式決定。參加者將會再收到個別通知。

參加者須知：

1. 活動將與動物有直接接觸。如在活動過程中感到任何身體或情緒上的不適，請立即告知工作人員，他們會提供協助。
2. 建議穿着輕便舒適的衣服，盡量別穿裙子。
3. 活動期間請盡量放下手機，以幫助你專注投入活動體驗。
4. 請按時抵達活動場地。

有意參加的家長請於 eClass 內回覆，截止報名日期為 **2026年5月8日（星期五）**。如有問題，請致電學校 2711 8175 向黃愷琪主任查詢。

此致
各家長／監護人

陳瑞祺（喇沙）書院校長
李寶珠 啟

二〇二六年四月二十四日

附件：動物輔助治療親子工作坊海報

ANIMAL-ASSISTED THERAPEUTIC PARENT-CHILD WORKSHOP

Join us for a gentle, hands-on workshop where you can connect with therapy animals through guided interactions.

Date: 21 May 2026 (Thur)
Time: 4:00 p.m. - 5:30 p.m.
Venue: School Hall
Quota: 10 pairs

FREE OF CHARGE

